

DuendeNet General Ethical Code

A BRIEF DESCRIPTION OF THE VISION AND MISSION OF THE PROJECT

The network DuendeNet aims to create concrete and diverse situations in the world that promote dignity, respect and an appreciation of life based on the development of human potential as a source of wisdom and compassion.

Supporting this development is a school that considers various human activities as artistic expressions of our own existence in favour of two complementary aspects: our own life and health and the health of our global environment.

The DuendeNet network consists of a core (hardware) that revolves around the drive that is the Danza Duende training levels, as well as countless branches (software): main branches (forms, workshops, investigations) and secondary branches (activities and material created by teachers and students of Danza Duende).

The network operates in a free and flexible communication via creative collaborations that are continually renewed among several local centres (associations, foundations, production) within and sometimes outside the network itself.

These groups meet with the motivation to promote an attitude of personal development work that expresses itself through the many activities of the project. This includes work on self awareness. The personal commitment is to develop and grow our capabilities at three levels simultaneously:

- the physical form (physical body and efficient intellectual Quo)
- the energy (emotional intelligence and « chi », intuition)
- the level of holistic consciousness (« spiritual intelligence » and spatial awareness)

The drives are innumerable. The overall criterion is that the network has identity through the diversity of interrelated training by the presence in all activities of three basic qualities :

Freedom

(Conscious presence in space and time, here and now)

Rigour

(Merging of rhythm and harmony for the health of the self and the world)

Virtue

(Active solidarity between intelligence and natural empathy inherent the intelligence of the human brain. Compassion)

In respect of these three characteristics of development, Danza Duende does not adopt or reject any philosophy, religion or political system whatsoever. Each individual is master of his or her own personal evolution within the network. The process is to become aware of oneself in ones own life, and to recognise the potential of inherent wisdom in human existence, beyond and across cultural diversity.

The dynamics of the school are to cultivate a personal sense of tolerance, listening and learning with a vision of living all universal human activities as an artistic way. The concept of the WORK in this case applies to our own lives. This non-linear vision, which is not supported by dogma, method or any fixed philosophy is born from a concrete experience in a training which aims to transcend duality. It is nourished by creative acts that allow us to pursue this path individually and collectively.

In an ever changing, modern, cosmopolitan world, the work is to propose situations and exercises that allow each person to find their own way of life and to develop artistically in a global perspective beyond opinion and controversy. This broad vision of a humane way of flexibility, adaptation, freedom and evolution is perfectly summed up by the simple motto of Danza Duende- « Dancing one's life »

A DESCRIPTION OF THE NETWORK AND ITS BRANCHES- THE LEVELS, CORE:

The core network is composed of all persons who are engaged in training in the Danza Duende levels. The director of the training has to assess the group and base the training on the perceived reality of the present moment and work with a generous sense of improvisation. There are various exercises available (order) in the service of spontaneous evolution (chaos). Because of this, the way the levels are presented are never quite the same and are not fixed to a specific method.

This aspect of the project is essential and by training in Danza Duende through the six levels, the development perspective is studied.

Ethical commitment in the network DuendeNet (abridged version)

The commitment of teachers:

- As a teacher, I will cultivate an attitude of listening to my students and deep respect for knowledge sources that I have received, and towards the people who have offered me their teachings.
- My teaching is to share my own experience with humour, tenderness, rigor and to have a commitment to always deepen my own knowledge.
- That my sharing of my experience with students is motivated by a desire to see them develop beyond my imagination, and to see them fully take hold of what I have taught them.
- I am committed to cultivating an attitude of cooperation and attention so that I can, in harmony with the entire staff group of project Danza Duende, contribute to the prosperity and benefit of a free humanity, beyond all borders.
- I am committed to cultivating an attitude of humility and that of the eternal beginner, to seriously take heed of all reflections from colleagues in order to see if it is necessary to correct some of my attitudes.

Student agreement in the Duende Project :

By registering and participating in Duende project activities, I agree to comply with an attitude of respect for the following principles:

- I am committed to cultivate an attitude of respect and goodwill towards my colleagues and to the teachers in my words and actions.
- I agree to comply with other schools and students from other disciplines while making sure to keep on the path I have chosen with perseverance.
- As a student of Danza Duende I agree not to transmit work and techniques that I do not fully understand. I trust the people that I have chosen as my teachers to assess competence in the subjects that they send me.
- I am aware that there is an authentic transmission of knowledge from generation to generation, through me, and that transmission depends on the quality of my work. These sources will transform naturally through my personal experience, what I have studied and practiced diligently for the benefit of all.
- I promise to remember to always give the sources of my knowledge as far as possible and to cultivate a sense of public recognition to those who have shared their knowledge with me.
- As a student of Danza Duende, I cultivate with love my sense of freedom, I train seriously, I maintain an attitude of simplicity and a sense of humour that will allow me to dance my life with joy.